CONSTRUCTIVE RAISES in 2/1

Some 2/1 players like to play constructive raises. A constructive raise of 1H or 1S promises 8 to a bad 10 HCP. (Some say a good 7 is enough.) It promises exactly 3 trumps if you are playing Bergen Raises. You can have 4 trumps if you are not playing Bergen Raises.

Constructive Raise of 1S

Qxx	Qxx	K10x
XX	Qx	Axxx
AQxx	Kxxx	10xxxx
XXXX	Qjxx	X

8 HCP Bad 10 HCP Good 7

NOT a Constructive Raise of 1S:

Kxxx	Axx	Qxx
AQXx	XX	Jxx
XX	K10xxx	Qxx
XXX	Kxx	Qxxx

If playing Bergen Raises, Good 10 HCP Bad 7
too many trumps. Show Limit Raise with 3 trumps Bid 1NT Forcing and then
If not playing Bergen, by bidding 1NT forcing & tale "false preference" to 2S.
Bid 2S then rebidding 3S Partner will expect only 2 spades